TAKE CONTROL

NOW IS THE TIME



Careers & Employability SKEGNESS ACADEMY

WAYS ENGAGE CAREERS EDUCATION AT HOME

1. Explore different job roles

This could include speaking to family or friends:

Debate career myths and stereotype (online or face-to-face): "Bricklaying is a man's job" "Caring jobs (nurse, teacher, vet etc.) are for females"

"Only rich people go to university"

"Apprenticeships aren't for academics"

"You need all A's in your A Levels to go to University"

"Creative Industries don't make any money"

2. <u>Quiz to find out which job you are suited to</u>

EXPLORE DIFFERENT COURSES AND PATHWAYS

- Information about apprenticeships
- Information about different job roles
- Information about over 350 job roles within the NHS
- University exploration and course search
- Leading university information
- Search for course by location

WATCH EDUCATIONAL VIDEOS AND DOCUMENTARIES

Stacey Dooley's BBC series

Click here to see Stacy Dooley's 5 part series where she takes a group of 16-18 year olds around different work sectors to give them the ultimate work experience.

CAREERS ACTION PLAN - SUMMER 2020

1. Setting your career objective

What is your Career objective for the rest of the summer term? Something you wish to achieve i.e. – Part time employment or better telephone skills. Something you wish to improve upon.

I will develop the following employability skills?

BY:

Resources for this task – <u>EMPLOYABILITY SKILLS</u>

CAREERS ACTION PLAN – SUMMER 2020

1. Setting your career objective

List as many different career industries you can think of?

I will learn about routes into 3 different jobs?

1.

2.

3.

Resources for this tasks – <u>CAREER ROUTES</u>

AIMING HIGHER – SMART TARGET

You can motivate yourself to work autonomously to fulfil your plans and to achieve SMART targets to reach their goal.

Autonomously – Freedom to act independently

- S Specific
- M Measurable
- A Achievable
- R Realistic
- T Timely

Watch this short Video and give the task ago TASK

STAYING POSITIVE - SUMMER 2020

This is a place for you to record all the steps you are taking to becoming someone who can stay positive and see what you have to do next. Showing great Staying Positive skills is really important as it helps you to understand how you feel, keep going when something is hard and focus on positives.

Move to the next step when you feel you have completed each step with 3 valid examples

See the worksheet called Positive Thinking.

KEY SKILLS AND QUALITIES – SUMMER 2020

Write each of the skills and qualities you have, in the left-hand column under the heading you think you think matches the skill you are describing. Then, complete the right-hand column to say why you think that skill or quality will be important to an employer.

See the worksheet called Skills & Qualities.

FURTHER SUPPORT?

Contact me on https://www.ityler@skegnessacademy.org

Support I can offer...

- Help with the activities in this PowerPoint.
- Arrange to have a remote Careers one-to-one guidance session.
- Support with applying for a part time job, college place or Sixth Form application.

Miss Tyler will then email you back to arrange a suitable time for her to phone you if the support cannot be provided over email.