

# Skegness Academy PE Year 7 Learning Journey

Healthy Lifestyles, Active Body, Positive Mind #SKA\_Sport

## Meet the Team

Head of Faculty: Mr Maycock

Teachers: Mrs Fieldman, Mr Rayner- Mistry, Mr Harker, Mrs Willis, Mrs Bloodworth, Mr Astle

Have fun



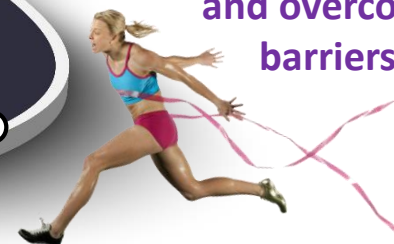
Improve your fitness



Analyse performance



Face challenges and overcome barriers



Summer Term

Working in a team and building relationships

Spring Term



Develop tactical awareness



Autumn Term



Warming up and cooling down



Understand a healthy diet



How you can be committed to SKA PE

Always try your best in EVERY lesson

Bring your PE Kit to EVERY lesson

Attend Extra-Curricular clubs