

Dear Parent/Carer

Extracurricular Activities (ECAs) Programme 2019-2020

Here at the Skegness Academy we want to ensure the students have the best possible chance to achieve their potential and provide our students with an opportunity to have enriching experiences beyond the normal school day. This is called the Extracurricular Activities programme (ECA).

The Second activity to start this term is swimming at Fresh fitness. We would like to offer the bronze, silver and gold award, but also for those who are confident swimmers the rookie lifeguard course. However, students do have to show the following skills to be able to take part in this activity;

- Swim continuously for a minimum of 100m front and 100m back.
- Surface dive to the floor of the deepest part of the pool (1.8m depth)
- Tread water for 1 minute in deep water
- Jump/Dive into deep water
- Climb out of the pool unaided without using a ladder

Swimming will take place every Monday during term time at Fresh Fitness Richmond Holiday Centre, Richmond Dr, Skegness PE25 3TQ on the dates below 3.30pm – 4.30pm. Students will need to wear appropriate swimwear. Transport to the swimming pool will be provided, however parents will be responsible for ensuring their child's safe journey from Fresh Fitness or Skegness Academy upon their return from swimming.

We expect all students to take a full and active role in all aspects of school life. We endeavour to support all students to develop the skills and confidence needed to challenge themselves, and make the most of what is on offer.

Other activities that are on-going are, swimming, computing (IT Crowd), cooking (Cheftastic) and art (Gallery 1).

If you are interested in your child participating in this fantastic opportunity then please return the consent form attached to this letter to main reception. We expect that many of these clubs will be oversubscribed. We will try to ensure that everyone who applies is given a place to attend at least one club.

We will confirm whether your child has been allocated a place by text. I can be contacted on 01754 879122.

If you have any questions regarding this, please do not hesitate to contact me on 01754 879122.

Yours sincerely

Miss K Langdale
Pupil Premium Co-ordinator

Skegness Academy Extracurricular Activities (ECAs) 2019-2020

Swimming club Mondays 3.30 pm – 4.30 pm

I do / do not give permission for my child (pupil's name) to attend the swimming sessions at the Skegness Academy

Contact telephone number:

Signed: (Parent)

Date:.....

Please return to main reception