Learning Journey YEAR 7

KEY =
RSETOPICS
BRITISH VALUES

PUBERTY

POSITIVE RELATIONSHIPS

MENTAL HEALTH AND WELL-BEING

HEALTHY LIFESTYLES

PERSONAL FINANCE

LGBTQ+

AUTUMN TERM I AUTUMN TERM 2

SPRING TERM 3

SPRING TERM 4

SUMMER TERM 5

SUMMER TERM 6



UNDERSTANDING THE CHANGES EXPERIENCED BY BOTH THE MALE AND FEMALE BODIES.



UNDERSTANDING WHAT MAKES A HEALTHY RELATIONSHIP.



UNDERSTANDING THE THOUGHTS AND FEELINGS OF YOURSELF AND OTHERS.



UNDERSTANDING THE IMPORTANCE OF DIET AND EXERCISE IN DAILY LIFE.



UNDERSTANDING
HOW TO ORGANISE
AND BUDGET
MONEY.



UNDERSTANDING AND CELEBRATING THE DIFFERENCES IN OUR SOCIETY.

Learning Journey YEAR 8

KEY =
RSE TOPICS
BRITISH VALUES

BRITISH VALUES-DEMOCRACY

EXTREMISM

PERSONAL AND ONLINE SAFETY

SELF-DEVELOPMENT

FINANCE- UK

SEX EDUCATION

AUTUMN TERM I AUTUMN TERM 2 SPRING TERM 3 SPRING TERM 4 SUMMER TERM 5

SUMMER TERM 6



UNDERSTANDING
THE VOTING SYSTEM
IN THE UK AND
COMPARING TO
OTHER COUNTIRES.



UNDERSTANDING
WHAT EXTREME
VIEWS ARE AND
HOW TO PROTECT
OTHERS.



UNDERSTANDING RISKS
AND CHOICES THAT
YOU WILL BE EXPOSED
TO IN TEENAGE AND
ADULT LIFE.



UNDERSTANDING HOW TO SET AND ACHIEVE PERSONAL GOALS.



UNDERSTANDING YOUR
FINANCIAL
RESPONSIBILITIES AS
YOU DEVELOP INTO
ADULTS.



UNDERSTANDING THE MEANING OF CONSENT, SEXUAL HEALTH AND THE PORTRAYAL OF SEX ON THE INTERNET.

Learning Journey YEAR 9

KEY = RSETOPICS

PHYSICAL AND MENTAL WELLBEING

TOXIC RELATIONSHIPS

DRUGS AND ALCOHOL

SEX EDUCATION

REAL LIFE BUDGETING

AUTUMN TERM I AUTUMN TERM 2 SPRING TERM 3

SPRING TERM 4 SUMMER TERM 5

SUMMER TERM 6



UNDERSTANDING
WHAT MENTAL
HEALTH IS AND
HOW TO TAKE
CARE OF YOURSELF.



UNDERSTANDING
INAPPROPRIATE
BEHAVIOUR WITHIN
UNHEALTHY
RELATIONSHIPS.



UNDERSTANDING RISKS
RELATING TO DRUG
AND ALCOHOL.



UNDERSTANDING THE RISKS RELATING TO SEXUAL HEALTH AND YOUR BODY.



UNDERSTANDING HOW TO LIVE IN A MODERN SOCIETY THROUGH INCOME, WORK AND HOUSING.