

START YOUR COACHING JOURNEY

'I Can Lead' is a fun, practical and flexible course for learners in Year 9, 10 and 11.





info@jbsportcoaching.co.uk | Tel 01507237227 www.jbsportcoaching.co.uk



f @JBsSportsCoaching



Over 12 hours learners will gain the knowledge and skills to assist in leading basic sports/activities under direct supervision.

I Can Lead uses sport and physical activity to help learners develop key leadership skills and is an ideal introductory course for aspiring sports coaches. The course focuses on personal development, not just sporting ability, and culminates in an award that will be recognised on your CV.

The areas of focus during course delivery are as follows; developing leadership skills, organisation for leading sport/activity session, health and fitness, fair play in sport, the role of the official, opportunities in sport leadership, demonstration of leadership.

Location & Dates

Skegness Academy, Burgh Road, Skegness, Lincs, PE25 2QH 2nd & 3rd April - 10am-4pm

£18 Registration fee

To book please email *info@jbsportcoaching.co.uk* with your name, age and desired course date.