

## Introductory pack to Level 3 Health and Social Care-Cambridge Technical

The work that is going to be set is to prepare you for the jump into level 3 work where you will be expected to do far more independent research and study. I am going to set you a few challenges and **how you present the information is entirely up to you.**

### Task 1- Glossary of terms- Key words what do they mean? Describe an example from the health, social or childcare settings to demonstrate your understanding.

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Advocate	Disclosures	Epilepsy	Interpreters	Procedures	Speech therapists
Alzheimer's	Discrimination	Hazard	Mandatory training	Reflective practitioner	Support plan
Body Language	Diversity	Hazardous substance	Manual handling	Risk assessment	Translators
CQC	Duty of care	HSE	Mental capacity	safeguarding	Values
Dementia	Empowerment	Hospice	Policies	signers	Values of care

### Task 2- Unit 2- equality, diversity and writes in health and social care (Exam)

Research the types of abuse and present in either leaflet form or posters (hand or on word)

Neglect

Physical

Verbal

Sexual

Psychological

The NSPCC website has plenty of information but please try to use multiply sites

*Make sure you include:*

What the abuse is, signs/ effects of the abuse taking place and at least one example for each.

Please make sure the examples are from different settings.

What is the difference between intentional and unintentional abuse?

**Task 3- Unit 3-Health, safety and security in health and social care. (Exam)**

Present information on the following

What is safeguarding?

Why is there a need for a safeguarding policy?

What is DBS?

Why is there a need for DBS checks before someone works in health and social care? -

Discuss

What is a risk assessment?

What are the stages of a risk assessment?

Please try to find and give examples from health, social care and childcare settings

Identify any hazards and risks that are in your home.

**Task 4- Unit 1-Building positive relationships in health and social care. Assignment based**

A. Make a table and fill in the following information- (word/ power point?)

Health settings	Social care Settings	Childcare settings
GP surgery	Day care centre	Breakfast club

Try to add as many examples as you can for each setting

Then repeat the exercise naming as many professionals who work in each type of setting

Health professionals	Social care settings	Childcare settings
Paediatric nurse	Social worker	Nursery manager

Again, don't just list the obvious, this will help you with the assignments you will be doing.

Add as many as can please.

**B. Research and describe** the difference between formal and informal relationships within the work place.

**C. Theories of communication-**

Research and produce an information leaflet on the following theories of communication:

Argyle's communication cycle

Tuckman's stages of group interaction

Gerard Egan- S.O.L.E.R techniques for listening.

**D .What is person centred care?**

What are the benefits of person-centred care?