# Greenwood Academies Trust Secondary Menu 

| Monday <br> Week 1 | Tuesday <br> Week 1 | Wednesday <br> Week 1 | Thursday <br> Week 1 | Friday Week 1 |
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| Main Meal Choice | Main Meal Choice | Main Meal Choice | Main Meal Choice | Main Meal Choice |
| Pork Meatballs \& Rice | Gammon Steak | Roast Turkey \& Stuffing | Hunters Chicken | Beef \& Potato Pie $6 *$ |
| Pasta in an Arrabiata Sauce | Roasted vegetable and Bean Burritos | Quorn Fillet <br> dog 局 N | Mushroom Stroganoff | Vegetable Burger <br> - |
| Vegetarian Strips In a Tomato sauce <br>  <br> Rice | Chicken Pasta N | $\begin{gathered} \text { Rogan Josh } \\ \& \\ \text { Rice } \end{gathered}$ | Mixed Pizza Selection N | Cod Fish Fingers (血) |
| Beef Bourguignon | Fish of the Day | Vegetable \& Tomato Pasta | Tagliatelle with Meatballs with a creamy Tomato Sauce | Pasta Bolognese |
| Potatoes, Sandwiches and Salad Options |  |  |  |  |
| A selection of Jacket Potato with a variety of fillings, Sandwich/Roll/ Baguette/Pasta Pot \& Salad Selection. <br> Please see our separate menus for Allergen information. |  |  |  |  |
| Dessert Choice |  |  |  |  |
|  |  |  |  |  |
| A Selection of Cakes, Fresh Fruit, Yoghurt <br> \& Fruit Pots are available as an alternative to Dessert. Custard is served with desserts as appropriate. <br> Please see our separate cake menu for Allergen information. <br> All menu items are subject to availability. |  |  |  |  |
| Drinks |  |  |  |  |
| A selection of Mineral Water, Fruit Juice based drinks \& Flavoured Milk is available on a daily basis. |  |  |  |  |


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| Кеу | ${ }^{\text {a }}$ | ${ }_{\text {mon }}^{\text {min }}$ | Y | ${ }^{\text {momes }}$ | \% | Eten | ${ }^{\text {vein }}$ |

