






































Greenwood Academies Trust Secondary Menu

Monday Week 3	Tuesday Week 3	Wednesday Week 3	Thursday Week 3	Friday Week 3			
Main Meal Choice	Main Meal Choice	Main Meal Choice	Main Meal Choice	Main Meal Choice			
One Pot Beef Casserole 	Pork Sausages 	Roast Chicken Breast	Turkey Rogan Josh	Beef Burger  In a Bun 			
Pasta with a Tomato & Pesto Sauce 	Beef and Onion Pie 	Cheese Omelette 	Quorn Fajita Wrap 	Breaded Haddock 			
Quorn Chilli 	Glamorgan Sausages 	Pasta Carbonara 	Tomato and Basil Pasta 	Veg Burger in a Bun  			
Sweet and Sour Chicken 	Pasta Bolognese 	Roast Quorn Fillet 	Chicken Fajita 	Selection Of hot filled Baguettes 			
Potatoes, Sandwiches and Salad Options							
A selection of Jacket Potato with a variety of fillings, Sandwich/Roll/ Baguette/Pasta Pot & Salad Selection. Please see our separate menus for Allergen information.							
Dessert Choice							
A Selection of Cakes, Fresh Fruit, Yoghurt  & Fruit Pots are available as an alternative to Dessert. Custard  is served with desserts as appropriate. Please see our separate cake menu for Allergen information. All menu items are subject to availability.							
Drinks							
A selection of Mineral Water, Fruit Juice based drinks & Flavoured Milk  is available on a daily basis.							
Allergen Symbols Key	 Gluten	 Milk	 Eggs	 Sulphites	 Mustard	 Peanuts	 Soya
	 Fish	 Lupin	 Crustaceans	 Molluscs	 Nuts	 Sesame Oil	 Celery

