



# SKEGNESS ACADEMY

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FOR PARENTS OF YEAR 8 ONLY

## **Advice for Child to Self-Isolate for 14 Days**

Dear Parents and Carers,

I hope you are continuing to stay safe and healthy during this unprecedented time.

I am writing to you today because we have been informed by Public Health England that there has been a confirmed case of COVID-19 within the Academy.

Using our robust contact tracing processes, we have identified that your child may have been in close contact with the affected person and, in keeping with the latest national guidance and Public Health England advice, must now stay home and self-isolate, as a precautionary measure, until Thursday, 22 October (14 days after contact).

To ensure as minimal disruption to learning as possible, from Tuesday, 13 October your child's lessons will be streamed live over Teams. Please ensure to let us know if you do not have access to a laptop/tablet or the internet and we will support where can. Additionally, if you are in receipt of free school meals, we will be in touch over the next couple of days to ensure we can get vouchers to you.

During this period, other members of your household can continue their daily activities as planned, provided your child does not develop symptoms within the 14-day self-isolation period. Siblings who are symptom free should also continue to attend school as normal.

If your child is well at the end of the 14-day period of self-isolation, they can return to their usual activities, including attending school. Other members of your household can continue normal activities, provided your child does not develop symptoms within the 14-day self-isolation period.

More information for contacts of people with confirmed coronavirus infection and who do not live with the person can be found at the link below:

<https://www.gov.uk/government/publications/guidance-for-contacts-of-people-with-possible-or-confirmed-coronavirus-covid-19-infection-who-do-not-live-with-the-person>.

If your child, a household member or a member of your support bubble develops any of the following symptoms, they should remain at home for at least 10 days from the date when their symptoms appeared. All other household members who remain well, must stay at home and not leave the house for 14 days from the date when the first person in the house became ill. This includes anyone in your 'Support Bubble'.

The most common symptoms of coronavirus (COVID-19) are recent onset of:

- a new continuous cough and/or
- a high temperature and/or
- a loss of, or change in, normal sense of taste or smell (anosmia)

Anyone with symptoms will be eligible for testing and this can be arranged via <https://www.nhs.uk/ask-for-a-coronavirus-test> or by calling 119. People who do not have symptoms should not request a test unless this has been specifically requested by Public Health England or the local authority.

Additional information regarding Public Health England's 'Stay at Home' Guidance can also be found at: <https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance/stay-at-home-guidance-for-households-with-possible-coronavirus-covid-19-infection>.

If your child, or anyone in your household, does develop symptoms, you can seek advice from NHS 111 at <https://www.nhs.uk/conditions/coronavirus-covid-19/check-if-you-have-coronavirus-symptoms/> or by phoning 111.

As a community, we can also help reduce the risk of spreading COVID-19 by:

- washing your hands with soap and water often – do this for at least 20 seconds
- using hand sanitiser gel if soap and water are not available
- washing your hands as soon as you get home
- covering your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze
- putting used tissues in the bin immediately and wash your hands afterwards

I would like to take this opportunity to thank you for your anticipated patience and understanding. I am sure you will appreciate that we have to follow certain safety and precautionary measures to keep all pupils safe during this time.

If you have any further questions, please do not hesitate to contact the Academy, or see the following link for further information: <https://www.nhs.uk/conditions/coronavirus-covid-19/>.

Yours sincerely,



Mr T Johnson  
Principal