

The Five Pillars

Week 1

The Five Pillars of Islam are the five obligations that every Muslim must carry out to be a good Muslim.

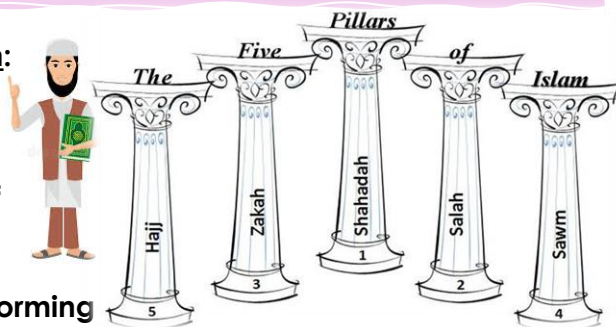
1. Shahadah: sincerely reciting the Muslim statement of faith.

2. Salah: performing ritual prayers in the proper way five times each day.

3. Zakat: paying money (or charity) to benefit the poor and the needy.

4. Sawm: fasting during the month of Ramadan.

5. Hajj: pilgrimage to Mecca.



Symbolic stoning of the devil at **Jamarat**.



Standing in prayer at **Mount Arafat** (the most important part).



Muslims pay for an animal to be sacrificed. Meat is given to the poor (This is done on Eid al-Adha, an Islamic festival).

Men shave their heads. Women some hair is cut.



The importance of the Five Pillars

Week 2

The Five pillars are important to Muslims as it combines a Muslims everyday life and their beliefs.

Putting faith into action.

It important to praise God. (Shahadah, Salah, Hajj)

Helps them focus on God.

Understand what it's like to go without (Zakat, Sawm)

Brings family and community together.

It is important to help others (zakat).



Ramadan is a Holy month, a month of cleansing (sawm).

Year 7:Term 5 Islam.

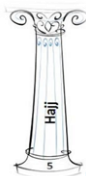
Pilgrimage- Hajj

Week 4

Hajj is the annual pilgrimage made by Muslims to the holy city of Mecca in Saudi Arabia, in the Middle East.

- One of the five pillars of Islam.
- Takes place in the 12th month of the Islamic calendar.
- Every Muslim is required to go at least once in their lifetime.

Pilgrims perform a series of sacred rituals including:



Pilgrimage- A journey to a sacred place.

Sa'i – walking between the hills of **Safa and Marwah**



Men shave their heads. Women some hair is cut.



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Christian pilgrimage comparison.

Week 5

Pilgrimage is not compulsory in Christianity, but many Christians choose to undertake journeys to holy sites to:

- deepen their connection with God
- feel connected to the worldwide community of Christians
- learn more about the history of Christianity
- see sites where miracles happened and receive special blessings
- seek healing or acceptance of ailments

Lourdes is a famous pilgrimage site in France where the waters are believed to have healing powers.



Walsingham is a pilgrimage in Norfolk where a vision of the Virgin Mary was believed to have been seen.

Christian pilgrims visit key sites in Jerusalem to remember the important events of Holy Week.

Christian pilgrimages.



Rome is an important place of pilgrimage, particularly for Catholics, because that is where the pope lives.

Ramadan

Week 3

Ramadan remembers the month the Qur'an (the Muslim holy book) was first revealed to the Prophet Muhammad.

Revelation=God showing truth to people.

- During the month of Ramadan, **Muslims won't eat or drink during the hours of daylight.** This is called fasting.
- Children are not expected to fast until they reach puberty, usually around the age of 14.



- Ramadan is the ninth month of the Islamic calendar.
- **The exact dates of Ramadan change every year.** This is because Islam uses a calendar based on the cycles of the Moon.



Reminds them of the suffering of the poor.

Fasting allows Muslims to focus on their faith.

Teaches self-discipline.

Pregnant women, children, elderly and those who are ill or travelling don't have to fast.

Key words:

Five pillars= the five obligations that every Muslim must carry out.

Shahadah= Sincerely reciting the Muslim statement of Faith.

Salah=performing ritual prayers in the proper way five times a day.

Zakat=Paying money (or charity) to benefit the poor and the needy.

Sawm=fasting during the month of Ramadan.

Hajj=Pilgrimage to Mecca

Pilgrimage=A journey to a sacred place.

Revelation=God showing truth to people

Kaaba= shrine located near the centre of the great mosque in Mecca.

Week 1

Questions	Answers
What are the Five Pillars?	The Five Pillars of Islam are the five obligations that every Muslim must carry out to be a good Muslim.
What is the first pillar in Islam?	Shahadah : sincerely reciting the Muslim statement of faith.
What is the second pillar in Islam?	Salah : performing ritual prayers in the proper way five times each day.
What is the third pillar in Islam?	Zakat : paying money (or charity) to benefit the poor and the needy.
What is the fourth pillar in Islam?	Sawm : fasting during the month of Ramadan.
What is the fifth pillar in Islam?	Hajj : pilgrimage to Mecca.

Week 2

Question	Answers
Why are the five Pillars important?	<ul style="list-style-type: none"> The Five pillars are important to Muslims as it combines a Muslims everyday life and their beliefs. Ramadan is a Holy month, a month of cleansing (sawm). Putting faith into action. Brings family and community together. Helps them focus on God. It important to praise God. (Shahadah, Salah, Hajj). Understand what it's like to go without (Zakat, Sawm). It is important to help others (Zakat).

Week 3

Questions	Answers
What is Ramadan?	Ramadan remembers the month the Qur'an (the Muslim holy book) was first revealed to the Prophet Muhammad
What is a revelation?	Revelation =God showing truth to people.
During Ramadan Muslims fast. What does this mean?	During the month of Ramadan, Muslims won't eat or drink during the hours of daylight . This is called fasting.
Why do Muslims celebrate Ramadan?	Reminds them of the suffering of the poor. Fasting allows Muslims to focus on their faith. Teaches self-discipline. Remember when the Qur'an was first revealed.
Who is except from fasting during Ramadan?	Pregnant women, elderly, young children, people who are ill and those travelling.

Year 7: Term 5 Islam

Week 4

Questions	Answers
What is Hajj?	Hajj is the annual pilgrimage made by Muslims to the holy city of Mecca in Saudi Arabia, in the Middle East. It is one of the five pillars of Islam.
When does it take place?	Takes place in the 12 th month of the Islamic calendar.
How many times does a Muslim have to go on Hajj?	At least once in their lifetime.
What rituals do they do on Hajj?	<p>Tawaf – circling the Kaaba 7 times</p> <p>Sa'i – walking between the hills of Safa and Marwah</p> <p>Standing in prayer at Mount Arafat (the most important part).</p> <p>Men shave their heads. Women some hair is cut.</p> <p>Muslims pay for an animal to be sacrificed. Meat is given to the poor (This is done on Eid al-Adha, an Islamic festival).</p> <p>Symbolic stoning of the devil at Jamarat.</p>

Week 5

Questions	Answers
Why do Christians choose to go on pilgrimage?	<p>Christians choose to undertake journeys to holy sites to:</p> <ul style="list-style-type: none"> •deepen their connection with God •feel connected to the worldwide community of Christians •learn more about the history of Christianity •see sites where miracles happened and receive special blessings •seek healing or acceptance of ailments
Give some examples of pilgrimages. Why are they seen as a sacred place to Christians?	<p>Lourdes is a famous pilgrimage site in France where the waters are believed to have healing powers.</p> <p>Walsingham is a pilgrimage in Norfolk where a vision of the Virgin Mary was believed to have been seen.</p> <p>Christian pilgrims visit key sites in Jerusalem to remember the important events of Holy Week.</p> <p>Rome is an important place of pilgrimage, particularly for Catholics, because that is where the pope lives.</p>

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