

Paediatrics Referrals



Did you know...

It can take 2+ months of work for behaviour changes to become embedded. It is vital that you are **consistent** and stick to it, even when it is tricky and your child is pushing back.

If your child does not display behaviours in school, school are not able to refer on to the paediatrics pathway as they will not meet the criteria for a neurodevelopmental assessment due to the NHS's strict criteria.

Before a referral can be completed, you must follow the below steps to gather evidence that different strategies have been tried and tested. Referrals will not be accepted unless strategies have been tried over time.

3 Speak to the teacher or key worker and discuss your concerns. They can discuss with you what works at school or nursery and see if they can offer suggestions of thing that might help at home.

4 Once you have tried the suggestions from the class teacher and there are no changes after **at least** 6 weeks, arrange to see the SENCo. Remember you can access support suggested overleaf at any time.

5 Discuss your concerns with the SENCo. They may be able to signpost to other things that might help. Remember things need to be consistent and tried over time.

6 Go back to the school SENCo for a review. If things are working, continue! If there are still difficulties, there may now be evidence for a referral to paediatrics. Remember, you can access support overleaf at any time.

2 If your child is 5 or under, speak to your Health Visitor about your concerns and see how they can help.

1 Use the information overleaf for some great ways to get additional support. Access training through In Our Place and give time to try new strategies and embed them.



Ideas of where to get further support...

In Our Place

You can access some great online learning (understand your child's feelings, understand your child with additional needs, understanding your children mental health and wellbeing) through In Our Place:

<https://inourplace.heiapply.com/online-learning/courses>

All you will need to do is put in the password WE_CAN and put in your Lincolnshire postcode and you will be able to access a wealth of support!

ESCO

ESCO (Early Support Coordination) offer virtual drop in appointments via the phone where you can discuss support and services that are available.

Ring 01522 782111 and say that you want to book a drop in session with an ESCO Key Worker.

Lincolnshire Local Offer

The Lincolnshire Local Offer brings together information for children and young people with special educational needs and disabilities and their families.

<https://www.lincolnshire.gov.uk/send-local-offer>

Liase

Liase is Lincolnshire's Special Educational Needs and Disability Information, Advice and Support Service (SENDIASS).

They provide confidential and impartial information, advice and support to children and young people (0-25 years) with SEN and disabilities, and their parents and carers.

<https://www.lincolnshire.gov.uk/liase>

Virtual Autism Hub

<https://www.lpft.nhs.uk/our-services/virtual-autism-hub>

PAACT

Parents and Autistic Children Together are a friendly and informal group based in Gainsborough and Lincoln.

<https://paactsupport.com/>

Useful Websites

Autism

<https://www.autism.org.uk/advice-and-guidance/what-is-autism>

Behaviour

<https://www.family-action.org.uk/family-monsters/support/challenging-behaviour/>

<https://behavioursupporthub.org.uk/>

<https://www.123magic.com/parenting-tips/what-is-123-magic.html>

<https://www.youngminds.org.uk/parent/parents-a-z-mental-health-guide/challenging-behaviour/>

ADHD

<https://adhduk.co.uk/>

<https://www.adhdfoundation.org.uk/>

Mental health

<https://parentingsmart.place2be.org.uk/>

Sleep

<https://thesleepcharity.org.uk/>

<https://podcasters.spotify.com/pod/show/lpft-nhs/episodes/MHST-Top-tips-on-getting-extra-Zzzz-et79fn/a-a50tdbi>

<https://thesleepcharity.org.uk/information-support/children/childrens-sleep-ebook/>

Lincolnshire Parent Carer Forum
<https://www.lincspcf.org.uk/>

Autism East Midlands Hub
<https://www.autismeastmidlands.org.uk/>

Family Hubs
<https://www.lincolnshire.gov.uk/directory-record/62596/gainsborough-market-arcade-children-s-centre-part-of-the-family-hubs-programme>

Here 4 You
<https://www.lpft.nhs.uk/young-people/lincolnshire/young-people/self-referral>