Public

DANCE Learning Journey

Dance schools and universities

YEAR 13

Unit 6 Final Live Performance to an Audience
-exploring, interpreting & developing stimuli
-processes & practices during rehearsal
-applying specialist skills & techniques
-performance
-workshop logs & evaluation

Unit 5 Individual Performance Commission
-commission bodies & commission brief
-developing material
-rehearsal, practice & review
-perform individual work
-evaluate

Unit 4 Performing Arts in the Community
-community performance
-practitioners
-purpose, themes, venues, range & clients
-community needs
-developing material
-applying skills & techniques
-rehearse & perform
-workshop logs & evaluation

Optional units:
Unit 10 Jazz Dance Technique,
Unit 11 Street Dance Technique,
Unit 12 Contemporary Dance Technique,
Unit 13 Healthy Dancer

Unit 3 Group Performance Workshop
-collaborative skills
-creative intentions
-personal management
-exploring ideas from a stimulus using different types of research
-group performance
-milestone logs & evaluation

YEAR 12

Unit 1 Investigating Practitioners Work
- 3 hour-controlled assessment
-knowledge on practitioners & their works
-contextual factors
-explaining, evaluating, analysing & personal judgements

Unit 2 Developing Skills and Techniques for Live Performance
-role & skills of a performer
-progression routes, opportunities & qualifications
-lifestyle factors, working conditions & practical skills
-develop skills & techniques
-personal management skills
-apply skills & techniques to performance work
-workshop logs & evaluation

COMPONENT 3 assignment hand in
- Evaluate the development process and outcome in a controlled assessment
- Perform a workshop performance
- Prepare final group dance
- Planning of rehearsal
- Document development through milestone-controlled assessment logs
- Creative workshops

COMPONENT 3 DELIVERY
- Commitment
- Respond to the set brief- researching, planning and teamwork
- Explore different stimuli
- Understand the key concepts when responding to a brief

YEAR 11

COMPONENT 1 DELIVERY
- Research and note taking
- Watch different pieces of professional repertoire
- Explore the different roles and responsibilities
- Link 3 professional works to a set theme

COMPONENT 1 assignment hand in
- Explore professional practitioners working processes throughout workshops
- Apply all notes, research and experience into the set assignments

COMPONENT 2 assignment hand in
- Complete skills audit
- Review own development and performance

DANCE SHOWCASE
- Perform
- Personal management skills
- Attend rehearsals
- Document development through milestone logs

YEAR 10

COMPONENT 2 DELIVERY
- Projection, focus, spatial awareness, facial expression, phrasing
- Develop and apply skills and techniques for a performance
- Skills audit
- Posture, alignment, balance, coordination, control, flexibility, mobility, strength, stamina, extension and isolation
- Technique classes in different styles of dance

CHOREOGRAPHY
- Perform
- Rehearsal process
- Team work
- Creating and shaping choreography
- Basic choreographic devices
- Watch back and self evaluate

STREET DANCE AND HIP-HOP WORKSHOPS
- Learning and applying skills and techniques

ENHANCING ON PHYSICAL SKILLS
- Developing, learning and applying skills and techniques in street dance

LEARNING REPERTOIRE
- Context and background

BASELINE
- Re-visit knowledge

SAFE DANCE PRACTICE

YEAR 9

Dance Through Time
- Watch back and self evaluate
- Perform
- Rehearsal process
- Movement memory
- Control

ENHANCING ON PHYSICAL SKILLS
- Rhythm & timing
- Facial expression
- Eye focus
- Musicality

CHOREOGRAPHY
- Team work
- Basic choreographic devices

MATTHEW BOURNE- GOBSTOPPERS and MARSHMELLOW GIRLS
- RADS
- Characterisation

UNDERSTANDING OF REPERTOIRE
- Stylistic qualities
- Context

BASELINE
- Revisit knowledge from Y7

SAFE DANCE PRACTICE

YEAR 8

Contemporary & lyrical dance
- Characterisation
- Balance
- Extension
- Expression
- Posture
- Spatial awareness
- Control
- Coordination

CHOREOGRAPHY
- Storytelling
- Rhythm & timing
- RADS
- Team work
- Watch back and self evaluate
- Movement memory
- Musicality
- Basic choreographic devices
- Rehearsal process
- Perform

YEAR 7

PHYSICAL SKILLS
- Develop dance technique
- Strength
- Flexibility

BASELINE
- Importance of nutrition and hydration

SAFE DANCE PRACTICE
- Safe execution of movement
- Why do we warm up and cool down?
- How do dancers look after themselves in the studio?
- Appropriate dancewear including:; footwear, hairstyle, absence of jewellery

SAFETY FIRST

welcome

ENRICHMENT:
- Dance club
- SKA Starz- Gifted and talented
- Intervention sessions
- Shows
- London. Move It trip
- Theatre trips
- Professional workshops

'Dance enables you to lose yourself and find yourself at the same time'

SKEGNESS ACADEMY

Public

The Arts and Culture Faculty ❀ Be Creative ❀ Love to Learn ❀ Aspire to be More