

# CURRICULUM ROADMAP

## Year 7 Term 6 - Diversity

In this final term, students will begin to look at equality and diversity and start to understand the 9 protected Characteristics. They will develop an understanding of the Equality Act and the impact that homophobia has on society. It will create a more mindful approach into how they act within society. .

6

## Term 5 – Health and Safety

Term 5 will start to look at personal safety, where students will understand their physical and emotional wellbeing and how to keep themselves safe. They will take a deep dive into understanding themselves, navigating their likes and dislikes and the impact of unsafe situations. Students will start to develop an understanding of personal responsibility.

5

## Term 4 - Finances

Students will start to look at the power of money and where it comes from. They will look at the importance of budgeting and how to manage money effectively. Students will build an understanding of negative influences regarding money, such as fraud and high interest rates that they will use in later topics.

4

## Term 3 – Building Relationships

Term 3 will start to look at elements of healthy relationships and how to navigate the friendships they have created during secondary school. They will look at healthy friendships and their role within their friendships. They explore the types of relationships they will have in their lives and the impact they will have on them. This term starts to help students have a basic understanding of relationships that they can build on in future topics.

3

## Term 2 - Puberty

Building on the knowledge they have gained, students will start to look into their own personal health. Looking at the changes their bodies will go through during puberty and what to expect. Students will start to understand why our bodies go through the changes and how to manage and adapt to these changes. During this term students will gain an insight into their own body and how to manage their hygiene during this time. .

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## Term 1 – Healthy Living

An introduction into PSHE within secondary school, starting with behaviour expectation and understanding the content we will cover within this subject. Students will then start to look into the elements of a healthy and unhealthy lifestyle, including a healthy balanced diet and the impact that unhealthy habits can have on our health. By the end of this term students should be able to confidently identify elements of a healthy life.

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# CURRICULUM ROADMAP

## Year 8 Term 6 - Discrimination

In this final term, students will build on the knowledge they began in Year 7, where they looked into Equality and Diversity. They will look into why everyone has different beliefs and the types of discrimination that takes place within society. They will gather a wider understanding of the impact this has on those affected by discrimination.

6

## Term 5 – Drugs and Alcohol

Term 5 will help students to further develop their understanding of negative choices with their health. They will revisit what a healthy lifestyle is and then understand how aspects of our lives can negatively impact our physical health such as addiction and illegal substances. They will explore how other people can influence them into making poor choices

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## Term 4 – Digital Literacy

Students will start to look at their presence online and how they are responsible for their activity whilst they are active online. They will look at the impact that their digital footprint can have on their future and have a more mindful approach to what they post. They will also explore the dangers of other people online, such as online grooming and fraud so they can develop a more cautious attitude.

4

## Term 3 – Identity and Relationships

Term 3 students will combine their learning of healthy relationships and personal identity to further identify key elements in their own relationships. They will revisit the elements of a healthy relationship and gain a deeper understanding of their romantic relationships. They will begin to investigate the danger of taking their romantic relationships to the next level.

3

## Term 2 – Emotional Wellbeing

Students will start to explore their emotional wellbeing, by looking into the basics of what mental health is. They will look at how to identify a health and unhealthy mental state and how their emotions play a part their mental health, Students will also look at how to be supportive of those around them and be more empathetic in their approach around mental health.

2

## Term 1 – British Values

An introduction into British Values, looking largely at Democracy and Rule of Law. They will understand how our country is ran in comparison to other countries and how Laws are their to create a safer environment. This term ends with a project which allows students to create their own Laws to help further develop their understanding on how they are created and what impact a Law can have on the country,

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# CURRICULUM ROADMAP

## Year 9 Term 6 – Staring Families

In this final term, students will build on the knowledge they have started in previous topics to understand unhealthy sexual relationships before exploring how families are created. They will use their knowledge of sexual health to understand conception but also understand the choices they have around pregnancy and other options.

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## Term 5 – Intimate Relationships

In term 5 students will start to develop their understanding of sexual health and consent. They will understand how to understand their wants and needs, so they can make an informed decision of when they are ready to take their relationships further. They will revisit peer influences to understand whether they are making a decision because they want to or if they feel influenced to act a certain way,

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## Term 4 – Peer Influence and Substance Abuse

Students will continue their learning from last term of influences and explore more negative aspects. They will look at how a negative influence can lead them into making poor choices within the community such as violence and crime.

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## Term 3 – Exploring Influence

Students will look at who is in their lives and the influence they can have on them. They will look at what a role model does and whether or not they are a positive or negative one. They will also look at influences outside of their relationships, such as online influencers and unrealistic expectations to help students understand how they can not compare themselves to what they see.

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## Term 2 – Respectful Relationships

Term 2 will see students understanding complex family relationships and how every family is different, as well as looking at negative family aspects such as a breakdown in relationships. Students will explore conflict in a positive way, understanding how they can manage conflict in a healthy way but also understand negative conflict such as abuse and where to seek support.

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## Term 1 – Healthy Lifestyle

Students will explore a deeper understanding on healthy lifestyles before moving onto their GCSE years, where they will need to balance studying and their personal life. They will explore a healthy work/life balance, how their physical and mental health are linked and personal health issues such as spotting the signs for cancer.

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