Public

DANCE

Learning Journey

Dance schools and universities

YEAR 13

Unit 6 Final Live Performance to an Audience
-exploring, interpreting & developing stimuli
-processes & practices during rehearsal
-applying specialist skills & techniques
-performance
-workshop logs & evaluation

Unit 5 Individual Performance Commission
-commission bodies & commission brief
-developing material
-rehearsal, practice & review
-perform individual work
-evaluate

Unit 4 Performing Arts in the Community
-community performance
-practitioners
-purpose, themes, venues, range & clients
-community needs
-developing material
-applying skills & techniques
-rehearse & perform
-workshop logs & evaluation

Optional units:
Unit 10 Jazz Dance Technique,
Unit 11 Street Dance Technique,
Unit 12 Contemporary Dance Technique,
Unit 13 Healthy Dancer

Unit 3 Group Performance Workshop
-collaborative skills
-creative intentions
-personal management
-exploring ideas from a stimulus using different types of research
-group performance
-milestone logs & evaluation

Unit 2 Developing Skills and Techniques for Live Performance
-role & skills of a performer
-progression routes, opportunities & qualifications
-lifestyle factors, working conditions & practical skills
-develop skills & techniques
-personal management skills
-apply skills & techniques to performance work
-workshop logs & evaluation

Unit 1 Investigating Practitioners Work
- 3 hour-controlled assessment
-knowledge on practitioners & their works
-contextual factors
-explaining, evaluating, analysing & personal judgements

YEAR 12

COMPONENT 3 assignment hand in
Evaluate the development process and outcome in a controlled assessment
Perform a workshop performance
Prepare final group dance
Planning of rehearsal
Document development through milestone-controlled assessment logs
Creative workshops

COMPONENT 3 DELIVERY
Commitment
Respond to the set brief- researching, planning and teamwork
Explore different stimuli
Link 3 professional works to a set theme
Explore the different roles and responsibilities

YEAR 11

COMPONENT 1 assignment hand in
Understand the key concepts when responding to a brief
Apply all notes, research and experience into the set assignments
Explore professional practitioners working processes throughout workshops

COMPONENT 1 DELIVERY
Research and note taking
Watch different pieces of professional repertoire

COMPONENT 2 assignment hand in
Complete skills audit
Review own development and performance

DANCE SHOWCASE
Perform
Personal management skills
Attend rehearsals
Document development through milestone logs

YEAR 10

COMPONENT 2 DELIVERY
Projection, focus, spatial awareness, facial expression, phrasing
Develop and apply skills and techniques for a performance
Skills audit
Posture, alignment, balance, coordination, control, flexibility, mobility, strength, stamina, extension and isolation
Technique classes in different styles of dance

CHOREOGRAPHY
Perform
Rehearsal process
Team work
Basic choreographic devices
Responding to a stimulus
RADS
Creating and shaping choreography
Watch back and self evaluate

YEAR 9

SAFE DANCE PRACTICE
Context and background
Re-visit knowledge

ZOONATION
Learning and applying skills and techniques
Developing, learning and applying skills and techniques in hip-hop

LEARNING REPERTOIRE
Rehearsal process
Perform
Watch back and self evaluate

THRILLER
Rehearsal process
Watch back and self evaluate
Learning and applying skills and techniques
Perform
Context
Characterisation

YEAR 8

STREET DANCE
Perform
Musicality
Eye focus
Balance
Control
Strength
Rhythm & timing
Movement memory
Isolation
Facial expression
Posture
Coordination

ENHANCING ON PHYSICAL SKILLS

BASIC STREET DANCE SKILLS

SAFE DANCE PRACTICE
Revisit knowledge from Y7

Contemporary & lyrical dance
Characterisation
Storytelling
Rhythm & timing
Rehearsal process
Watch back and self evaluate
Balance
Extension
Expression
Movement memory
Musicality
Perform
Posture

YEAR 7

welcome

PHYSICAL SKILLS
Spatial awareness
Develop dance technique
Importance of nutrition and hydration
Safe execution of movement
Control
Coordination
Strength
Flexibility
How do dancers look after themselves in the studio?

SAFE DANCE PRACTICE
Why do we warm up and cool down?
Appropriate dancewear including:; footwear, hairstyle, absence of jewellery

ENRICHMENT:
- Dance club
- SKA Starz- Gifted and talented
- Intervention sessions
- Shows
- London. Move It trip
- Theatre trips
- Professional workshops

'Dance enables you to lose yourself and find yourself at the same time'

SKEGNESS ACADEMY